

REVOLUTIONIZING WELLNESS IN LAKE NORMAN:

The EBO2 Full-Body Detox

IN THE WORLD OF HOLISTIC wellness and longevity, a groundbreaking therapy is making a splash right here in the Lake Norman region. Renew Specialty Group now offers EBO2, a cutting-edge, full-body detox treatment that goes far beyond traditional cleanses, offering a detailed, medical-grade approach to improving your body's inner ecosystem.

What is EBO2?

EBO2, short for Extracorporeal Blood Oxygenation and Ozonation, is an advanced therapeutic procedure that gently circulates a patient's blood through a specialized system designed to filter out toxins and introduce a precise blend of medical-grade oxygen and ozone before returning that blood back to the body. Think of it as a high-tech "oil change" for your circulatory system, cleansing, oxygenating, and rejuvenating from the inside out.

Unlike more surface-level detox methods, EBO2 works at the bloodstream level. Over the course of a treatment session, a significant portion of your blood is processed through advanced filtration, nutrient dosing, oxygenation, and controlled ozonation. By targeting blood quality directly, where every cell in your body ultimately draws its sustenance, this therapy supports a profound detoxification process, heightened oxygen delivery, and immune modulation.



dirty blood out

clean blood back in

Local Leadership in Advanced Detox

Leading the charge locally is Nacole Wood, MSN, FNP-C, a nurse-practitioner whose vision for integrative, proactive healthcare has made Renew Specialty Group the only provider of EBO2 in the Lake Norman area. Nacole is passionate about helping individuals reclaim energy and vitality through personalized care.

"EBO2 represents a new frontier in detoxification and health optimization," Nacole says. "It's not a quick fix; it's a science-based way to reset your internal environment so your body can function at its best. Our patients aren't just looking to feel better for a week, they want sustainable wellness, and that's what this therapy offers."

Whether you're curious about reducing inflammation, enhancing energy, sharpening mental clarity, or simply investing in longevity, EBO2 opens the door to deeper, more systematic change. And with a trusted provider right here in Lake Norman, that transformative care is closer than ever. 

Patients Who Seek Deeper Wellness

Who is this treatment for? While people turn to EBO2 for a variety of goals, many seek it when they're ready for more than a standard cleanse or lifestyle change: fatigue that won't budge, chronic inflammation, sluggish metabolism, immune challenges, mental fog, or just that intangible sense that their body needs a reset. By removing inflammatory proteins, excess lipids, cellular waste, and environmental toxins, EBO2 gives the body a fresh start, something many patients describe as an internal "refresh" that affects how they feel across the day.

But EBO2 isn't just about removal. The process also delivers a boost in oxygenation and stimulates cellular pathways tied to energy production, immune responsiveness, and metabolic efficiency, all foundations of long-term wellbeing.



LKN *expert*

NACOLE WOOD, MSN, FNP-C | RENEW SPECIALTY GROUP

To learn more about EBO2 and whether it's right for you, visit renewhealthwellnessnc.com or give us a call to schedule a consultation.