$M E N \not \in L K N$ annual issue

DR. MICAH KIRSCHER



Micah Kirscher, DNP, FNP-C, knows it's time to talk more openly about men's health—and he's leading that conversation with expertise and compassion. As Chief Medical Officer at Renew

Specialty Group in Cornelius, Dr. Kirscher leads a men's health program that combines advanced, non-surgical treatments with a patient-centered approach to help men feel like themselves again.

A veteran of the U.S. Coast Guard and boardcertified Family Nurse Practitioner, Dr. Kirscher brings over 15 years of experience to the table. He specializes in addressing the most common and often overlooked issues men face—starting with low testosterone, which affects nearly 40 percent of men over 45. "These symptoms—low energy, reduced muscle mass, brain fog—aren't just aging, Dr. Kirscher explains. "They're often hormonal, and they're fixable. Renew offers simple in-office blood testing and personalized treatment plans, including a monthly testosterone maintenance program with ongoing testing and care."

Erectile dysfunction (ED) is another focus. By age 40, approximately 40 percent of men experience some form of ED, with that number increasing to around 70 percent by age 70. "It's more common than most guys think," Dr. Kirscher says, "and very treatable." Renew offers discreet, effective options ranging from Cialis prescriptions to regenerative therapies like the Renew Intimate Shot (PRP) and stem-cell-based injectables, all designed to improve function naturally and with minimal downtime. Renew also offers PhalloFILL®—a discreet, non-surgical treatment that uses dermal filler to enhance penile girth. "It's quick, safe, and done right in the office with zero downtime and completely natural-looking results," he notes. "It's not about changing who you are—it's about helping men feel more



GUILTY PLEASURE:

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confident and satisfied, both in and out of the bedroom."

To further support men's health, Renew provides a robust menu of peptide therapies—natural, medical-grade compounds that stimulate specific bodily functions which address a range of concerns including low libido, cognitive decline, weight gain, and aging. Dr. Kirscher approaches every conversation with respect and without judgement. He is helping men address sensitive issues with comfort and clarity. "We treat these topics just like blood pressure or cholesterol—normal, medical concerns that deserve real solutions."

